

Dream of Wild Health

We grow seeds and leaders.



Dream
of Wild
Health

OUR MISSION

The mission of Dream of Wild Health is to restore health and well-being in the Native community by recovering knowledge of and access to healthy Indigenous foods, medicines and lifeways.



Native Owned
Dream
of Wild
Health
Indigenous Owned

A close-up photograph of a branch with several round, red and yellow berries. The background is filled with large, vibrant green leaves, some showing signs of insect damage. A semi-transparent red rectangular box is overlaid on the center of the image, containing white text.

“The Indigenous Food Network is working to reclaim traditional food systems and decolonize our diet in effort to strengthen health in our communities.”

Neely Snyder, DWH Executive Director





THE FARM

The farm is a safe place for children. It is a place where we cherish and protect the seeds as our ancestors. It is a place where we keep our values alive.



Youth Programs

1

Cora's Kids

2

Garden Warriors

3

Youth Leaders



GARDEN WARRIORS



Wild Plum Jam \$ 6
Wild Blueberry Syrup \$ 8
Chokeberry Syrup \$ 8
Maple Syrup \$ 10
Wild rice Flour \$ 7
Cookbook \$15 (suggested donation)
Warrior tea \$ 10

Dream of Wild Health



CORA'S KIDS



YOUTH LEADERS



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Dream of Wild Health's **SEED COLLECTION**

With the original collection seeds coming from Cora Baker, today, Dream of Wild Health has more than 200 different varieties of saved seeds in our collection, a priceless legacy from our ancestors.

The seed stewardship of this collection has been identified as a top priority of Dream of Wild Health and is an ongoing effort.





"I had prayed and prayed that someone would take this gardening up again. I am very pleased to learn about your project. I feel that the Great Creator has answered my humble prayers. With the help of my great granddaughter and grandson, we set out to help you. I wish that someday the children will come to realize the importance of the garden."

Cora Baker, Potawatomi Elder and Seedkeeper
Donated her lifetime seed collection to DWH in 2000



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